

### **Recommended Items to Include in a Basic Ready Kit:**

**Water** At least 3 gallons per person, for drinking and sanitation

**Food** At least a 3-day supply of non-perishable food

**Can opener** For food, if kit contains canned food

**Radio** Battery-powered or hand crank NOAA Weather Radio with tone alert and extra batteries

**Flashlight and extra batteries**

**First aid kit**

**Whistle** To signal for help

**Face mask** To help filter contaminated air and plastic sheeting and duct tape to shelter in place

**Moist towelettes, garbage bags and plastic ties** For personal sanitation

**Wrench or pliers** To turn off utilities

**Local maps**

### **Additional Items to Consider Adding to a Ready Kit:**

**Prescription medications and glasses**

**Infant formula and diapers**

**Pet food and extra water** For your pet

**Important family documents** Such as copies of insurance policies, identification and bank account records in a waterproof, portable container

**Cash or traveler's checks and change**

**Emergency reference material** Such as a first aid book or information from Ready.gov

**Sleeping bag or warm blanket** For each person. Consider adding bedding if you live in a cold-weather climate

**Complete change of clothing** Include a long sleeved shirt, long pants and sturdy shoes. Consider adding clothing if you live in a cold-weather climate

**Household chlorine bleach and medicine dropper**

**Fire extinguisher**

**Matches** In a waterproof container

**Feminine supplies and personal hygiene items**

**Mess kits, paper cups, plates, plastic utensils, paper towels**

**Paper and pencil**

**Books, games, puzzles or other activities for children**